

ICMBALI-2309 - To Analyzing the influence of midwife self-management on the performance of midwives in midwifery services at the Kupang District Health Center

B. Batbual¹, P.M. Dewa Ayu¹, D.M. Ignasensia¹

¹ Lecturer of Midwives in Health Polytechnic, Ministry of Health, Kupang, Indonesia

DISCUSSION

Self management which consists of 1) self-assessment, that is, midwives are able to identify and assess themselves, their strengths and weaknesses, 2) Self analysis, midwives are able to analyze their strengths and weaknesses, seek to strengthen their own strengths and overcome their weaknesses. 3) Goal setting, midwives set goals to be achieved to strengthen self-strengths and overcome personal weaknesses, 4) Self planning, midwives plan various activities needed to achieve goals using 5W (what, who, where, when, why) and 1 H (how) the activity is carried out. 5) Self motivation, midwives motivate themselves to have the enthusiasm to improve their weaknesses and increase their own capacity, 6) self-implementation, midwives do what has been planned, 7) Finding support systems, midwives try to find and find a support system that will provide assistance to overcome self-weakness or to increase self-capacity, 8) Self monitoring & evaluation, midwives monitor themselves and evaluate the progress of each activity for further improvement.

APPLICATION TO MIDWIFERY PRACTICE, EDUCATION OR REGULATION/POLICY

To be applied to the services of midwifery and education, this study provides information on self-management as a strategy to improve the performance of midwives.

EVIDENCE IF RELEVANT

Patient satisfaction at the Kupang City Health Center showed that the performance of midwives in terms of effective decision making was still lacking (25 %) while the ability of midwives to develop new strategies to solve problems was also lacking (32.5 %). The impact that can arise from the low aspect of speed and accuracy of midwives in midwife decision-making in handling emergency cases is the increased risk of maternal and infant morbidity and mortality.

KEY MESSAGE

The application of self management (self assessment, self analysis, goal setting, self planning, self motivation, self implementation, finding support system, self monitoring & evaluation) has a significant effect on improving the performance of midwives.



Poster session –
Education – Knowledge
and experience