

DAFTAR PUSTAKA

- Alzahrani, S. H., dkk. (2019). Health-promoting lifestyle profile and associated factors among medical students in a Saudi university. *SAGE Open Medicine*, 7. <https://doi.org/10.1177/2050312119838426>
- Aw Yong, P. Y., Islam, F., Harith, H. H., Israf, D. A., Tan, J. W., & Tham, C. L. (2021). The Potential use of Honey as a Remedy for Allergic Diseases: A Mini Review. *Frontiers in Pharmacology*, 11(January). <https://doi.org/10.3389/fphar.2020.599080>
- Azizah, A. N., & Hadi, K. C. (2020). Obat herbal tradisional pereda batuk pilek pada balita. *Jurnal Kebidanan Indonesia*, 11(2), 29–36. <https://drive.google.com/file/d/1klfupWeEY4zw2e2bOEmPq0sjetudgUpO/view?usp=sharing>
- Bahar, A. P., & Miranti, I. K. (2018). Pengaruh Ekstrak Daun Sukun (Artocarpus Altilis) Dan Madu Terhadap Derajat Fibrosis Hepar Pada Tikus Wistar Jantan Yang Diinduksi Disetilnitrosamin. *Diponegoro Medical Journal (Jurnal Kedokteran Diponegoro)*, 7(2), 1369–1379. <https://drive.google.com/file/d/1aY-AfY-gjgUTTVVoWvhrEdemUErewl2T/view?usp=sharing>
- Balazs, V. L., dkk. (2021). In vitro antibacterial and antibiofilm activity of hungarian honeys against respiratory tract bacteria. *Foods*, 10(7), 1–16. <https://doi.org/10.3390/foods10071632>
- Becerril-sanchez, A. L., Quintero-salazar, B., Dublan-garcia, O., & Escalona-buendia, H. B. (2021). Phenolic compounds in honey and their relationship with antioxidant activity, botanical origin, and color. *Antioxidants*, 10(11), 1–23. <https://doi.org/10.3390/antiox10111700>
- Cunha, Y. V. Y. da, Salosso, Y., & Liufeto, F. C. (2020). Eksplorasi Aktivitas Antibakteri Madu Hutan Asal Pulau Timor Terhadap Bakteri Vibrio Algynoliticus Secara in Vitro. *Jurnal Aquatik. Jurnal Aquatik*, 3(November 2019), 79–85. https://drive.google.com/file/d/1n-mm7sJjkKS3pmpDc_7dBpyI0WMsMInI/view?usp=sharing
- Erami, K., dkk. (2016). Dietary egg yolk supplementation improves low-protein-diet-induced fatty liver in rats. *Journal of Nutritional Science and Vitaminology*, 62(4), 240–248. <https://doi.org/10.3177/jnsv.62.240>
- Hariska, H., Dewantara, I., & Muflihat, M. (2021). Pengelolaan Madu Lalau Oleh Masyarakat Desa Nanga Lauk Kecamatan Embaloh Hilir Kabupaten Kapuas Hulu. *Jurnal Hutan Lestari*, 9(1), 37. <https://doi.org/10.26418/jhl.v9i1.45702>
- Hartono, M., Supriyo, Angkasa, M., Amirudin, Z., & Santoso, P. (2023). Pelatihan Dan Pendampingan Ibu Balita Dalam Pembuatan Puding Labu Kuning Plus Extrac Temulawak, Penilaian Nafsu Makan Dan Berat Badan Anak Balita Di Kelurahan Bendan Kregon Kota Pekalongan. 3(2), 1–9.

<https://drive.google.com/file/d/1OGyRJdA8KbyOL5U7XNJqOZGm7S19jDt9/view?usp=sharing>

Heriyanti, H., Lindriani, L., & Apriani, I. (2022). Faktor Yang Berhubungan dengan Perilaku Sulit Makan Pada Anak Usia Prasekolah. *Mega Buana Journal of Nursing*, 1(1), 22–33.
https://drive.google.com/file/d/15IyWdEGKpGpGYb9qMIQc8g4_sj3ARlOg/view?usp=sharing

Kumar, S., Verma, M., Hajam, Y. A., & Kumar, R. (2024). Honey infused with herbs: A boon to cure pathological diseases. *Heliyon*, 10(1), e23302.
<https://doi.org/10.1016/j.heliyon.2023.e23302>

Kumontoy, G. D., Deeng, D., & Mulianti, T. (2023). Vol. 16 No. 3 / Juli - September 2023. *Pemanfaatan Tanaman Herbal Sebagai Obat Tradisional Untuk Kesehatan Masyarakat Di Desa Guaan Kecamatan Mooat Kabupaten Bolaang Mongondow Timur*, 16(3), 1–20.
https://drive.google.com/file/d/1zOjWxTpKn_Zkh_U1tfIC2iW7RT-xHVE1/view?usp=sharing

Martinello, M., & Mutinelli, F. (2021). Antioxidant activity in bee products: A review. *Antioxidants*, 10(1), 1–42. <https://doi.org/10.3390/antiox10010071>

Ogwu, M. C., & Izah, S. C. (2025). Honey as a Natural Antimicrobial. *Antibiotics (Basel, Switzerland)*, 14(3). <https://doi.org/10.3390/antibiotics14030255>

Permana, S., Wildan, W., Santi, S., Fitriani, N. (2023). Efektivitas Emulsi Ekstrak Rimpang Temulawak Sebagai Amara pada Mencit dengan Teknologi Potrtable. *Indonesian Journal of Pharmaceutical Education (e-Journal)*, 3(3), 2775–3670. <https://doi.org/10.37311/ijpe.v3i3.22409>

Prasetyo, R. H., & Hestianah, E. P. (2017). Honey can repairing damage of liver tissue due to protein energy malnutrition through induction of endogenous stem cells. *Veterinary World*, 10(6), 711–715.
<https://doi.org/10.14202/vetworld.2017.711-715>

Ranneh, Y., dkk. (2021). Honey and its nutritional and anti-inflammatory value. *BMC Complementary Medicine and Therapies*, 21(1), 1–17.
https://drive.google.com/file/d/1t4M9llIHAP-3ROeCEKbi0A7fP4_1kqSp/view?usp=drive_link

Rashid, N. A., Mohammed, S. N. F., Abd Halim, S. A. S., Ghafar, N. A., & Jalil, N. A. A. (2022). Therapeutic Potential of Honey and Propolis on Ocular Disease. *Pharmaceuticals*, 15(11), 1–26. <https://doi.org/10.3390/ph15111419>

Razan J, M., Haneefa, S. M., Mohamed, Y. A., Al-Sbiei, A., Bashir, G., Fernandez-Cabezudo, M. J., & Al-Ramadi, B. K. (2021). The immunomodulatory effects of honey and associated flavonoids in cancer. In *Nutrients* (Vol. 13, Issue 4).
<https://doi.org/10.3390/nu13041269>

Sadikan, M. Z., Mohamad Asri, M. N., Ahmad Hairi, H., & Haryati & Singar, S.

- (2023). Relevance and Use of Honey and Lemon Water for Cough. *Compilation of Research Papers on Stem*, November, 31–36. <https://drive.google.com/file/d/1uli-u1-kdLz2fiZpzJK3SC5WLpZOzTwS/view?usp=sharing>
- Siagian, M., Silalahi, M., Duvi, E., & Lubis, C. (2021). Pengaruh pemberian ramuan induk kunyit dan madu dalam mengurangi kesakitan pada penderita gastritis. *Forum Ilmiah Berkala Kesehatan Masyarakat*, 1(2), 0–5. <https://drive.google.com/file/d/1dLAtTHUW2zGMzz-hlcNQ2WGDP956ye3I/view?usp=sharing>
- Siefert, P., dkk. (2024). Acetylcholine and choline in honey bee (*Apis mellifera*) worker brood food are seasonal and age-dependent. *Scientific Reports*, 14(1), 1–12. <https://doi.org/10.1038/s41598-024-68650-x>
- Simbolon, S. B., Katar, Y., & Rusjdi, S. R. (2018). Efektivitas Kombinasi Ekstrak Kunyit (*Curcuma Domestica Val*) dan Madu Terhadap Ulkus Lambung Mencit BALB/c Akibat Pemberian Aspirin Secara Mikroskopis. *Jurnal Kesehatan Andalas*, 7(1), 26. <https://doi.org/10.25077/jka.v7.i1.p26-32.2018>
- Suardika, I. W. G., Amesti Dewi, N. M. W., & Megawati, F. (2023). ARTIKEL REVIEW: Penggunaan Obat Herbal Dalam Upaya Swamedikasi atau Pengobatan Sendiri Pada Penyakit Batuk Dan Flu. *Usadha*, 2(2), 9–18. <https://doi.org/10.36733/usadha.v2i2.5972>
- Sudirman, A., Indrianingsih, S., Dewi, M., & Hadju, B. (2024). *Penerapan pemberian madu dan temulawak terhadap peningkatan nafsu makan pada anak di puskesmas kabila bone*. 5(September), 9867–9878. https://drive.google.com/file/d/1vRuAcwaJiz2mu6ma4_axZG_ONHrexOcM/view?usp=sharing
- Syafila, I. A., Yuniarti, T., & Widiyanto, A. (2024). Pengaruh Konsumsi rebusan Kunyit dan Madu terhadap Rasa Nyeri pada Pasien Gastritis di Keluarga. *Journal of Language and Health*, 5(2), 71–82. <https://drive.google.com/file/d/1bG0bbh6tA2wUmH8N5iXOGBeNCBkwAHKd/view?usp=sharing>
- Syamsudin, R. A. M. R., dkk. (2019). Temulawak Plant (*Curcuma xanthorrhiza Roxb*) as a Traditional Medicine. *Jurnal Ilmiah Farmako Bahari*, 10(1), 51–65. www.journal.uniga.ac.id <https://drive.google.com/file/d/15zhroWTlzc5f60EkSj1fQVhhwU2U1L7/iew?usp=sharing>
- Taib, Z., Sibarani, R., Zuska, F., & Delvian. (2021). Use of traditional medication on the health of women and children of the Togutil tribe in North Moluccas Province. *Gaceta Sanitaria*, 35, S540–S542. <https://doi.org/10.1016/j.gaceta.2021.07.031>
- Ullah, A., dkk. (2021). Viral impacts on honey bee populations: A review. *Saudi Journal of Biological Sciences*, 28(1), 523–530.

<https://doi.org/10.1016/j.sjbs.2020.10.037>

Wardhani, I. Y., dkk. *NCOINS : National Conference Of Islamic Natural Science (2023) Fakultas Tarbiyah IAIN Kudus Analisis Komparasi Kualitas Madu di Kudus Raya Pantura Jawa Tengah.* 86–92.
<https://drive.google.com/file/d/1niexv395IpsLl-a8Ku-aFzyJ66nARulh/view?usp=sharing>

Wheeler, E. G. (2017). Periods of Human Life. *The Boston Medical and Surgical Journal*, 22(25), 395–396. <https://doi.org/10.1056/nejm184007290222504>

Wilczynska, A., & Zak, N. (2024). Polyphenols as the Main Compounds Influencing the Antioxidant Effect of Honey—A Review. *International Journal of Molecular Sciences*, 25(19).
<https://doi.org/10.3390/ijms251910606>

World Health Organization. (2019). WHO Global report on traditional and complementary medicine 2019. In *World Health Organization*.
<https://apps.who.int/iris/bitstream/handle/10665/312342/9789241515436-eng.pdf?ua=1>

Zaini, H., Radhia, M., Sari, E., Asmawati, D., Afnas, N. H., Sadanoer, I. M., & Ulya, R. (2025). *Pemanfaatan Tumbuhan Obat Tradisional dalam Upaya Meningkatkan Nafsu Makan Anak Balita.* 3(2010).
https://drive.google.com/file/d/1wRUdl8yZSAY-LEfkwB_pNPDyghD8iE-i/view?usp=sharing