

PROFIL PENGOBATAN TUBERCULOSIS PARU DI UPTD PUSKESMAS PASIR PANJANG PERIODE JANUARI – JUNI 2024

Laila Sari Amir Lobang, Maria Hilaria*)

Email: lailasaryal08@gmail.com

*) Program Studi Farmasi Politeknik Kesehatan Kementerian Kupang

ABSTRAK

Latar Belakang: Tuberkulosis paru (TB Paru) masih menjadi masalah kesehatan global yang signifikan, dengan Indonesia menempati posisi kedua jumlah kasus tertinggi setelah India. Upaya pengendalian TB memerlukan pengobatan terstruktur dan tepat, khususnya di fasilitas pelayanan kesehatan primer seperti puskesmas. **Tujuan:** Mengetahui profil pengobatan pasien TB paru di UPTD Puskesmas Pasir Panjang periode Januari–Juni 2024 berdasarkan karakteristik usia, jenis kelamin, berat badan, jenis obat, dosis, dan tipe pasien. **Metode:** Penelitian deskriptif dengan pendekatan retrospektif menggunakan data dari buku register OAT pasien TB paru. Analisis dilakukan secara deskriptif kuantitatif. **Hasil:** 31 pasien TB paru, kelompok usia terbanyak 17–27 tahun (32,25%), mayoritas laki-laki (61,30%), dan sebagian besar memiliki berat badan 38–54 kg (77,49%). Seluruh pasien merupakan kasus baru yang menjalani fase intensif (2 bulan) dengan kombinasi obat RHZE dalam bentuk KDT sesuai dosis standar berat badan.

Kata Kunci : Tuberculosis Paru, Pengobatan TB Paru, HRZE, Puskesmas, Profil Pasien

PULMONARY TUBERCULOSIS TREATMENT PROFILE AT THE PASIR PANJANG COMMUNITY HEALTH CENTER JANUARY–JUNE 2024

Laila Sari Amir Lobang, Maria Hilaria*)
Email: lailasaryal08@gmail.com

*) Pharmacy Study Program, Kupang Ministry of Health Polytechnic

ABSTRACT

Background: Pulmonary tuberculosis (TB) remains a significant global health problem, with Indonesia ranking second in terms of the number of cases after India. TB control efforts require structured and appropriate treatment, especially in primary health care facilities such as community health centers. **Objective:** To determine the treatment profile of pulmonary TB patients at the Pasir Panjang Community Health Center UPTD for the period January–June 2024 based on the characteristics of age, gender, weight, type of drug, dose, and type of patient. **Method:** Descriptive research with a retrospective approach using data from the OAT register of pulmonary TB patients. The analysis was carried out descriptively quantitatively. **Results:** 31 pulmonary TB patients, the largest age group was 17–27 years (32.25%), the majority were male (61.30%), and most weighed 38–54 kg (77.49%). All patients were new cases undergoing the intensive phase (2 months) with a combination of RHZE drugs in the form of KDT according to standard body weight doses.

Keywords: Pulmonary Tuberculosis, Pulmonary TB Treatment, HRZE, Community Health Center, Patient Profile