

ABSTRAK

Asuhan Keperawatan Pada Pasien Ny. Y.M. Dengan Diagnosa Medis Tuberkulosis Paru Di Ruang Perawatan Khusus (RPK) Rumah Sakit Umum Daerah Ende

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Tuberkulosis masih menjadi penyakit menular yang menjadi masalah utama kesehatan di masyarakat global, terutama negara berkembang seperti Indonesia. WHO menjelaskan TB Paru menduduki posisi kedua sebagai penyakit infeksi yang menyebabkan kematian terbanyak penduduk dunia *setelah* (HIV).

Tujuan studi kasus ini adalah menggambarkan Asuhan Keperawatan pada Pasien Ny. Y. M. dengan Diagnosa Medis Tuberkulosis Paru di Ruang Perawatan Khusus (RPK) RSUD Ende.

Metode yang digunakan dalam karya tulis ilmiah ini adalah studi kasus dengan pendekatan asuhan keperawatan yang meliputi pengkajian, diagnosa, perencanaan, implementasi dan evaluasi keperawatan.

Hasil studi kasus pada pengkajian Ny. Y. M. ditemukan Pasien mengeluh batuk $\pm$ 1 bulan disertai dahak yang menggumpal berwarna putih, sesak napas, lemas, lelah saat beraktivitas, bunyi napas ronchi, mual, tampak kurus dan aktivitas dibantu keluarga. Masalah Keperawatan Ny. Y. M. yaitu bersihan jalan napas tidak efektif, Defisit nutrisi, Gangguan pola tidur, Intoleransi aktivitas, sesak napas, dan Risiko penularan infeksi.

Adapun kesenjangan antara kasus nyata dan teori, dimana pada kasus nyata ditemukan masalah gangguan pola tidur namun di teori tidak ada, dan masalah gangguan pola napas, gangguan pertukaran gas, hipertermia, nyeri akut, ada pada teori namun pada kasus Ny. Y. M. tidak ditemukan masalah tersebut.

Kata Kunci : Asuhan Keperawatan, Tuberkulosis Paru

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ABSTRACT

Nursing Care for Patients Mrs. Y.M. With Medical Diagnosis of Pulmonary Tuberculosis in the Special Treatment Room (RPK) Ende Regional General Hospital

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Tuberculosis is still an infectious disease that is a major health problem in global society, especially in developing countries like Indonesia. WHO explains that pulmonary TB is in second place as the infectious disease that causes the most deaths in the world's population after HIV.

The purpose of this case study is to describe nursing care for the patient Mrs. Y. M. with a Medical Diagnosis of Pulmonary Tuberculosis in the Special Treatment Room (RPK) at Ende Regional Hospital.

The method used in this scientific paper is a case study with a nursing care approach which includes assessment, diagnosis, planning, implementation and nursing evaluation.

The results of the case study in Mrs. Y. M. was found. The patient complained of coughing for $\pm$ 1 month accompanied by white lumpy phlegm, shortness of breath, weakness, tiredness during activities, rumbling breath sounds, nausea, looked thin and activities were assisted by family. Nursing Problems Mrs. Y. M. namely ineffective airway clearance, nutritional deficit, sleep pattern disturbance, activity intolerance, shortness of breath, and risk of infection transmission.

There is a gap between real cases and theory, where in real cases there are problems with disturbed sleep patterns but in theory there are none, and problems with disturbed breathing patterns, gas exchange disorders, hyperthermia, acute pain, exist in theory but in the case of Mrs. Y. M. The problem was not found.

Keywords : Nursing Care, Pulmonary Tuberculosis

Bibliograph :

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