

ABSTRAK

Asuhan Keperawatan Pada Ny. T.E. Dengan Diagnosa Medis Asma Bronkial Di Ruang Penyakit Dalam III RSUD Ende

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Latar belakang Asma merupakan suatu kelainan berupa peradangan kronik saluran napas yang yang menyebabkan penyempitan saluran napas (hiperaktifitas bronkus) sehingga muncul gejala episodik berulang berupa mengi, sesak napas, dada terasa berat dan batuk terutama pada malam hari dan dini hari. Di ruang penyakit dalam III RSUD Ende, penyakit asma menduduki peringkat ke-7 setelah penyakit SNH, GEA, Dispepsia, dan pneumonia. Pada tahun 2021 terdapat 11 orang yang terdiagnosis asma, pada tahun 2022 menurun dengan jumlah 6 orang diantaranya 2 laki-laki dan 4 perempuan tahun 2023 pada bulan April menurun Kembali dengan jumlah kasus 4 orang diantaranya 1 laki-laki dan 3 perempuan (profil RSUD Ende 2023). **Tujuan** studi kasus ini adalah menggambarkan asuhan keperawatan pada Ny. T. E. dengan diagnosa medis asma bronkial di RPD III RSUD Ende. **Metode** yang digunakan adalah studi kasus dengan pendekatan asuhan keperawatan yang meliputi pengkajian, diagnosa, perencanaan, implementasi dan evaluasi keperawatan. **Hasil** penelitian yang di lakukan pada Ny T.E ditemukan masalah bersihan jalan napas tidak efektif, pola napas tidak efektif, gangguan pola tidur dan deficit pengetahuan. Intervensi yang digunakan Adalah SIKI **Evaluasi** Setelah dilaksanakan implementasi selama 3 hari masalah keperawatan pola napas tidak efektif dan gangguan pola tidur teratasi sedangkan masalah bersihan jalan napas tidak efektif teratasi Sebagian. **Saran** untuk pasien dan keluarga agar mengikuti semua anjuran dari petugas kesehatan dengan tujuan mencegah timbulnya komplikasi yang lebih parah.

Kata kunci : Asuhan Keperawatan, Asma Bronkial

Kepustakaan : 23 buah (2021 – 2024)

Keterangan : ⁽¹⁾ Mahasiswa Prodi DIII Keperawatan Ende

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ABSTRACT

Nursing Care for Mrs. T.E. with a Medical Diagnosis of Bronchial Asthma in Internal Medicine Ward III, Ende Regional Hospital

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Background Asthma is a disorder characterized by chronic inflammation of the airways that causes narrowing (bronchial hyperactivity), resulting in recurrent episodic symptoms such as wheezing, shortness of breath, chest tightness, and coughing, especially at night and in the early morning. In Internal Medicine Ward III, Ende Regional Hospital, asthma ranks 7th after SNH, GEA, dyspepsia, and pneumonia. In 2021, there were 11 people diagnosed with asthma. In 2022, this number decreased to 6 cases, including 2 men and 4 women. In April 2023, the number of cases decreased again to 4 cases, including 1 man and 3 women (Ende Regional Hospital profile 2023). The purpose of this case study is to describe the nursing care provided to Mrs. T. E., diagnosed with bronchial asthma, at RPD III, Ende Regional General Hospital. The case study method used utilizes a nursing care approach encompassing assessment, diagnosis, planning, implementation, and evaluation. The results revealed a gap between theory and the actual case. No anxiety-related nursing issues were identified due to the absence of signs and symptoms of restlessness, and the patient did not experience anxiety that could trigger histamine release, which could cause shortness of breath. Furthermore, no activity intolerance nursing issues were identified in the case, as the patient, despite experiencing shortness of breath, was still able to perform activities such as eating and toileting independently. Evaluation: After three days of implementation, the nursing issues of ineffective breathing patterns and sleep disturbances were resolved, while the issue of ineffective airway clearance was partially resolved. The patient and family are advised to follow all recommendations from healthcare providers to prevent more severe complications.

Keywords : Nursing Care, Bronchial Asthma

Bibliography : 23 (2021–2024)

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